

2007 United Associations Conference Registration and Meals
 March 1-2, Sedgwick Co, Extension Education Center



Name _____
 Mailing address _____
 City, State, Zip _____
 Contact phone number(s) _____

Email _____

Check all memberships that apply:

_____ KAFCS _____ Student _____ KEAFCS
 _____ KATFCS _____ ESP _____ Non-member

Early bird registration fees (postmarked by February 5)

_____ One Day \$ 55.00 _____ Two Day \$ 90.00

Regular registration deadline (postmarked by February 15)

_____ One Day \$ 80.00 _____ Two Day \$115.00

On-site registration (meals may not be available)

_____ One Day \$100.00 _____ Two Day \$140.00

Post conference (no charge, number needed for planning)

_____ "Health Promotion- from Planning to Implementation"

KAFCS Student Member Registration waived

Registration Total	\$ _____
Box Lunch-Thurs. (\$8.00)	\$ _____
KAFCS Foundation Event-Thurs. (\$15.00)	\$ _____
Friday Luncheon (\$12.00)	\$ _____
Meal and Registration Total	\$ _____

_____ Check here if paying with purchase order

Make checks payable to United Associations Conference.

All refunds prior to Feb. 23 will have a \$10 handling fee. No refunds granted after Feb.23

Send registration and payment to: DeAnn Hauser, 352 2000 St., Humboldt, KS 66748

Breakout Sessions	
Rank according to choice (1 st , 2 nd , etc.)	
Thursday, 2:00-3:00	
Pyramid Fair	_____
All Stressed Up	_____
Meth and Families	_____
True Colors- Basic Awareness	_____
Leadership	_____
Thursday, 3:15-4:15	
Enhancing Educational Programs	_____
Basic Grant Development (I)	_____
Family Economics	_____
Professor Gadget	_____
Making the Most of an Internship	_____
Thursday, 4:20-5:20	
Operation Military Kids	_____
Basic Grant Development (II)	_____
Adolescent Nutrition	_____
All Stressed Up	_____
Learning can be Fun	_____
Home Care for Pandemic Flu	_____
Friday, 9:00-10:00	
Cyberbullying	_____
Kids a Cookin' & Movin'	_____
Financial Security for All	_____
True Colors- Communication	_____
Successful First Year	_____
Friday, 10:10-11:10	
Cyberbullying	_____
Healthy Habits in Schools	_____
Art of Facilitation	_____
True Colors- Team Building	_____
Animal Assisted Activity	_____
Tax ID Number: EIN 48-6110376	

2007 Conference Schedule

Wednesday

6:30 pm KATFACS Executive Committee Meeting

Thursday

8:30-10 am KAFCS Board Meeting

9:00-noon Registration

9:00-11:00 Best practices for FACS/FCCLA teachers

10:00-11:50 Roundtables

10:00-4:15 Exhibits

11:00-12:15 KAFCS General Assembly

Noon Box lunch meal

12:45 Opening Session

2:00-3:00 Breakout Sessions

3:00-3:15 Refreshment Break

3:15-4:15 Breakout Session

4:20-5:20 Breakout Session

5:30 KAFCS Foundation Event-celebrate students

Friday

8:00-9:00 am Foundation Business meeting
KATFACS Business meeting

9:00-10:00 Breakout Sessions

10:10-11:10 Breakout Sessions

11:15-1:00 Lunch and Speaker

1:00 Adjourn

1:10 – 4:00 Post conference – Health Promotion: from planning to implementation

THURSDAY 12:45 pm

OPENING – FCCLA state officers

LUNCHEON - Keynote - Dean Hall –

Our opening keynote will give you a fun and positive start to the conference. Curtis Dean Hall sees each day as a grand treasure hunt looking for opportunities to ‘make a difference.’ He will share characteristics of world-changers, such as Gandhi, Martin Luther King, Jr., and Mother Teresa to help us understand how we as ‘people helpers’ can use this approach. He believes this easy technique makes life fun and encourages rapid personal growth.



THURSDAY 2:00-3:00 pm

Pyramid Fair

Belinda Oldham and Carol Ann Crouch

The new MyPyramid from USDA encourages Americans to make wise food choices, eat fewer calories, and become physically active. The latest food and fitness recommendations to help adults feel better today and stay healthy for tomorrow will be introduced in this festive program that proves good nutrition can be fun.

All Stressed Up and No Place to Go

Dean Hall

Learn the basic facts on stress and some of the most effective approaches for stress reduction. Take advantage of the speaker's experience in Family Therapy during the question and answer segment of this session. Participants will even get to participate in an individual stress reduction exercise!

Meth and Families

Karen Elliott, Ph.D.

Do you know how to talk with your family members about meth and how to avoid getting involved with the drug? Do you know the signs and symptoms of meth usage? Learn how to protect yourself and your family members from meth exposure. In addition, the session will cover the dangers of meth production and usage for adults and children and provide local resources.

True Colors – Basic Awareness

L. Ann Domsch

This seminar will provide an enjoyable and easy way to explore your own and others distinctive personality strengths and weaknesses. Gain insight into what makes other tick...as well as what ticks them off, as well as gaining insight into your strengths, values,

joys, and motivations.

Leadership

FCCLA state and national officers

THURSDAY 3:15 - 4:15 pm

Enhancing Educational Programs with Experiential Learning

Carol Fink, Ph.D.

This workshop will focus on using the Experiential Learning Model to enhance the likelihood of creating behavioral change among youths with whom you work. The experiential learning model developed by Kolb (1984) and modified by 4-H includes five specific steps. When this model is used, youth both experience and process the activity. They learn from thoughts and ideas about the experience. Each step contributes to their learning.

Basic Grant Development (I): Proposal Planning and Funding Sources

Trudy Rice and Elaine Johannes, Ph.D.

Every successful venture begins with a plan. For successful grant development that plan identifies needs, resources and outcomes. Basic Grant Development (I) will help participants understand the essential components of a proposal, begin designing their unique plan and identify funding sources to make their proposal a reality.

Family Economics During Transition

Esther Maddux, Ph.D., CFP®

This session will include types of transition we experience; managing during transition – ourselves, our resources; and tools and techniques for managing our resources during transition. Participants will receive a guide and worksheets entitled Financial Best Practices.

Professor Gadget

Justin Wiebers

I've watched the techno train go by and find myself wondering why I've got my e-mail (perhaps too much) and now I hear "it's not enough" BlueTooth, WiFi, get connected? If only I knew what they all did? So come and see what's on the train, Professor Gadget will explain!

Making the Most of an Internship or Student Teaching Experience

Panel of Extension interns and first-year teachers - Stacey Warner, facilitator

THURSDAY 4:20 – 5:20 pm

OMK (Operation Military Kids) What is it? What do I need to know?

L. Ann Domsch

When National Guard, Army Reserve, and other military parents living in civilian communities are mobilized, their children suddenly have unique needs for special support and services. Now they are "Military Kids" but they still look the same to teachers, friends, and the rest of the community. Their lives are turned upside down! Many of their usual support systems may no longer be adequate. So what can you do?

Basic Grant Development (II): Proposal Writing and Submission

Trudy Rice and Elaine Johannes, Ph.D.

Once a quality proposal plan has been developed and a funding source has been identified, the next step is writing the grant proposal. Basic Grant Development (II) will outline the elements of a typical grant proposal and reduce the anxiety that many feel when the grant "adventure" is begun.

Adolescent Nutrition

Tandalayo Kidd, PhD, RD, LPN

How much should I weigh? What should I eat? How much should I eat? How much activity should I get in a day? These questions and more are probably on the minds of most adolescents. Therefore, it is important they understand how nutrition and physical activity can affect their health today and in years to come. This session will focus on information that can be used to help adolescents make healthier lifestyle decisions.

All Stressed Up

REPEAT

Learning can be FUN

Sarah Maass

Remember when you were a kid and enjoyed playing games? Did you know that you can be effective teaching life skills through games by using the Experiential Learning Model? Come learn more about the Experiential Learning Model and how you can use games to facilitate learning.

Home Care for Pandemic Flu

Sharolyn Flaming Jackson, Mike Bradshaw, Ph.D., and Betsy Smith, Red Cross Volunteer

This session highlights a partnership of K-State Research and Extension and the American Red Cross to help families prepare for the potential impact of pandemic flu. Common sense strategies that provide the most current advice from the U.S. Department of Health and Human Services and local health departments will be emphasized. Those who attend this training will be prepared to partner with local Red Cross volunteers in delivering the message about preparing for pandemic flu.

FRIDAY

9:00 – 10:00 am

Cyberbullying: Is MySpace Invading Your Space?

Cyndi Menzel, KNEA

Technology is allowing bullying to move from the classroom to the Internet. In a growing number of cases, teachers are becoming the targets and you'll be surprised to see who is doing the bullying. KNEA resources explain the roles of the bully, the target and the bystander, and offer advice for teachers and parents. Technologies, strategies, and legal issues to deal with cyberbullying and other uses of the Internet will be reviewed.

Kids a Cookin' & Movin'

Deb Evans and Kathy Walsten

Kids a Cookin' & Movin' is an all-inclusive nutrition education and physical activity curriculum in English and Spanish. Each lesson has "live" on-location tours, kid-approved and prepared recipes filmed in the studio, physical activity segments, food safety segments, parent letters, materials and resources for youth and educators.

Financial Security for All

Carol Young

This session will include information about opportunities to support financial education:

- The new 2007 version of the High School Financial Planning Program (HSFPP) is a free curriculum from the National Endowment for Financial Education designed for teachers or Extension agents targeting teens.
- 'Save, Reduce Debt; Build Wealth, Not Debt' is the take-action message of Kansas Saves/America Saves from the Consumer Federation of America, sponsored nationally by Extension, FCCLA, and other partners.
- KSU financial Web resource.

True Colors - Communication

Connie Hoch & L. Ann Domsch

This interactive seminar builds upon the Basic Awareness with participants exploring their own preferred methods of communication. In this seminar you will discover the bridge to communication, reduce friction and increase effectiveness, distinguish your communication style and recognize patterns of others, express yourself and listen in ways that bring out the best in everyone. (Prerequisite: previously completed Basic session of True Colors)

How to Have a Successful First Year –

Panel of NEW teachers

Tips for 1st year teachers about how to effectively begin their careers as education professionals

FRIDAY

10:10- 11:10 am

Cyberbullying: Is MySpace Invading Your Space?

REPEAT

Partners for Promoting Healthy Habits in Schools

Panel discussion among school faculty and staff, KSU Extension staff, and community members.

School Wellness policies and Coordinated School Health Councils are aiming toward healthier children and adolescents. But a few people can't do it alone; involving FACS teachers, Extension Agents, and community members creates a partnership of support and resource sharing. This session will share success stories and ideas used in schools that have really worked.

The Art of Facilitation

Charlotte Shoup Olsen, Ph.D.

Let's talk about tips on how to be an effective facilitator - whether leading a meeting or organizing a community effort.

True Colors - Team Building

Connie Hoch & L. Ann Domsh

Unlock the personal motivation of each person, so that effective teams can be formed. Team leaders need to understand individual talents and strengths. Everyone has ideas of the way things need to be done so let's make the most of everyone's ideas and let people help the team in the way that is most natural for them. (Prerequisite: previously completed Basic session of True Colors)

The Science and Practice of Animal Assisted Activity with the Elderly

Debra M. Sellers, Ph.D., Assistant Professor & Extension Specialist, Adult Development & Aging

Two trends in American society offer an interesting possible dynamic for the future: the aging of America and our commitment to pet ownership. In this interactive presentation, we will discuss the science and practice of animal assisted activity to satisfy the wants and needs of the growing elderly population. Through lecture, discussion, demonstration, and active interaction, participants will understand the nature of the human-animal bond; review current research on the effects of pets on the elderly; overcome preconceived ideas and false views concerning the state of the science; appreciate the intricacies of intervention implementation and the need for training; gain knowledge regarding the use of animals to achieve individual goals; and observe a certified animal in action. (Note: a large canine will be present and active during this session.)

FRIDAY- LUNCH AND SPEAKER

Curtis Dean Hall will help us wrap up our conference with "The Power of 2" This presentation will focus on the power of a nurturing dynamic between two people. Last year's keynote taught us about "The Power of 1," to do the right thing to change the future, this session will help us magnify our power for changes in our personal and

professional lives.

To help us recognize the possibilities and find solutions with our power, we will view a video presentation by Dewitt Jones. The stunning photography and powerful dialogue of “Celebrate What’s Right with the World” will send us off with a confident approach. - -
Dean Hall facilitating

March 2 (Friday); 1-4 pm,

Post Conference Training Opportunity:

"Health Promotion - from Planning to Implementation"

Kansas communities are looking for solutions to health problems (e.g., obesity, smoking, suicide) that confront organizations, families, and youth. It's important that communities have leaders that understand how to select, adapt and implement the programs that have the best chance of improving the overall health of residents.

Enroll in the post-conference training, "Health Promotion – from Planning to Implementation" to:

- * identify the best health promotion model for health in your community,
- * understand how to use a health promotion model,
- * try-out the model through scenarios, and
- * trouble-shoot barriers and brain-storm solutions to the implementation of community health programs.

"Health Promotion - from Planning to Implementation" is a training led by Drs. Mike Bradshaw and Elaine Johannes, and Whitney Lake, K-State MPH (Master's in Public Health) graduate student with the School of Family Studies and Human Services.

There is no additional charge for this training funded through a special award from the K-State Center for Engagement and Community Development.

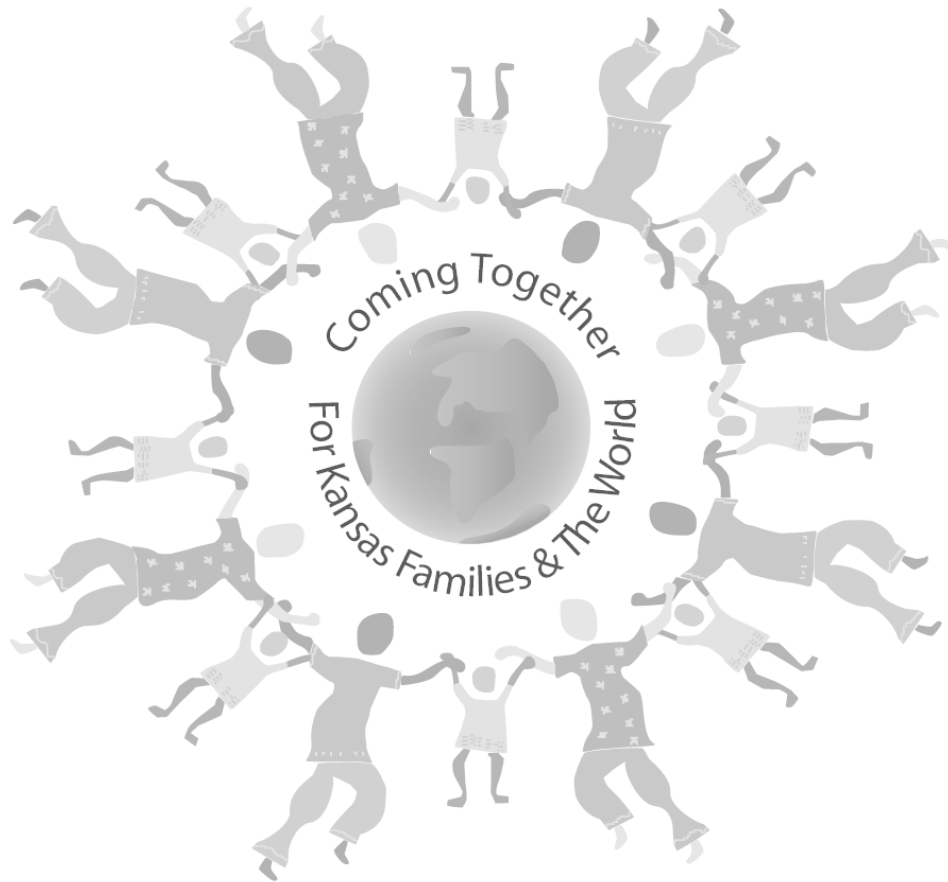
Conference participants will have the option of earning 1 hour of graduate credit from Baker University by attending all the sessions of the conference and completing a follow-up activity. The cost of the credit hour is \$50. A registration form and payment must be made when you pick up your registration packet at the United Associations Conference. Complete information about this opportunity is available by contacting Lynette Yevak, Emporia High School, Phone 620-341-2365, e-mail lyevak@usd253.org.

This conference will be held at the Sedgwick County Extension Education Center, 7001 W. 21st Street, N, (21st N and Ridge Road), Wichita, KS. The office phone number is 316-722-7721. Participants need to make their own hotel reservations. Blocks of rooms have been reserved until February 14 under Family and Consumer Sciences at the following hotels. Other hotels are also available in the area.

Hawthorn Suites at
Reflection Ridge
2405 N. Ridge Road
316-729-5700
Rate \$75.00
Continental Breakfast

Four Points Sheraton
5805 W. Kellogg Dr.
316-942-7911
Rate \$65.00
Complimentary Breakfast

Best Western Airport Inn
6815 W. Kellogg Dr.
316-942-5600
Rate \$69.00
Complimentary Breakfast



KAFCS Kansas Association of Family and Consumer Sciences

KATFACS Kansas Association of Teachers of Family and Consumer Sciences

KEAFCS Kansas Extension Association of Family and Consumer Sciences

ESP Epsilon Sigma Phi

If you require special accommodations or have questions about registration contact DeAnn Hauser at 620-473-3829 or email her at dmhauser@hotmail.com.