



2009 United Associations Conference Registration and Meals
 Sedgwick Co. Extension Education Center, Wichita, KS
 March 5 and 6, 2009

Name _____
 Mailing address _____
 City, State, Zip _____
 Contact phone number(s) _____
 Email _____

___ Check here if you are a first time participant

Check all memberships that apply:

___ KAFCS ___ Student ___ KEAFCS
 ___ KATFACS ___ ESP ___ Non-member

Early bird registration fees (postmarked by February 3)

___ One Day \$ 65.00 ___ Two Day \$ 100.00

Regular registration deadline (postmarked by February 13)

___ One Day \$ 90.00 ___ Two Day \$ 125.00

On-site registration (meals may not be available)

___ One Day \$110.00 ___ Two Day \$150.00

KAFCS Student Member Registration waived

Registration Total	\$ _____
Preconference Session (\$10.00)	\$ _____
Box Lunch-Thurs. (\$9.00)	\$ _____
KAFCS Foundation Event-Thurs. (\$15.00)	\$ _____
Friday Luncheon (\$11.00)	\$ _____
Meal and Registration Total	\$ _____

___ Check here if paying with purchase order

Make checks payable to United Associations Conference.

All refunds prior to Feb. 23 will have a \$10 handling fee. No refunds granted after Feb.23

Breakout Sessions	
Rank according to choice (1st, 2nd, etc.)	
Pre-conference	
Better Reception (\$10 fee)	_____
Thursday, 2-2:50	
G.R.E.A.T	_____
Great Beginnings for Families	_____
Balancing Work and Life	_____
Professor Gadget	_____
Thursday, 3:15-4:45	
Child Care Resource Tour	_____
Roundtables	_____
Friday, 9-10	
Clothing production trends	_____
Security in Future	_____
Reality Works	_____
Operation Military Kids	_____
Friday, 10:15-11:15	
Relationship Smarts	_____
Planning for Retirement	_____
Healthy Relationships	_____
What's New in Nutrition?	_____
Tax ID Number: EIN 48-6110376	
Send registration and payment to:	
DeAnn Hauser	
352 2000 St.	
Humboldt, KS 66745	

2009 Conference Schedule

Wednesday

6:30 pm KATFACS Executive Committee Meeting
KAFCS Board meeting

Thursday

7:00-8:30 am KATFACS Task Force
8:30-noon registration
8:30-10:45 Choose Respect
10-3:15 Exhibits
11:00-12:15 KAFCS Business Meeting
Noon-box lunch meal (must pre-register)
12:45 Opening Session
2:00-2:50 Breakout Sessions
3:00-3:15 Refreshment Break
3:15-4:45 Early childhood tour
OR
3:15-4:45 Roundtables
5:00 KAFCS Foundation Special Event

Friday

7:30 am KAFCS Foundation Meeting
8:00-9:00 am KATFACS Business meeting
9:00-10:00 Breakout Sessions
10:15-11:15 Breakout Sessions
11:30-1:15 Lunch and Speaker
1:30 Adjourn

THURSDAY

8:30-10:45 a.m. PRE-CONFERENCE SESSION

Better Reception when the Message is Positive

Teri Barber, MA, Centers for Disease Control

Sending a positive message not only makes your message easier to receive but also makes it much more fun to communicate. Highlighting the CDC's *Choose Respect* initiative to prevent teen dating violence, the presenter will describe the barrier and limitations to using "don't" messages and the increased momentum when the negative message took a turn to the positive side. Recognize the difference in communicating a positive and negative message. Describe an example at work or home when communicating a positive message would be better received than a negative message. \$10 fee, includes continental breakfast.

12:45 p.m. OPENING - Speaker- Marcia Ritter

FACS- The Lifesavers

What is your vision and mission? Where are you going and how are you going to get there? This exciting presentation will support the concept of Family and Consumer Sciences Education as the "Lifesavers" for your students, school, and community. Explore ways to enhance your FCS curriculum and our profession by focusing on the need for Skills for a Lifetime!

2:00-2:50 p.m. BREAK OUT SESSIONS

G.R.E.A.T. – Gratitude Radiates, Enriches, and Teaches

Marcia Ritter

Explore the science of gratitude and the power of gratitude journaling in this exciting session. Tips to develop gratitude in students, fellow staff members, and your family will be shared. Ideas for FCCLA service learning projects will be explained. A handout of websites and resources will be provided.

Great Beginnings for Families

Layla El-Chami

Layla will be presenting an overview of the curriculum Great Beginnings for Families, a parent education program adapted from the University of Iowa Extension Services. This program is targeted towards parents with children under the age of five, and has been modified to include information about Brain Development and Attachment. The curriculum is a court-approved resource for residents of Sedgwick County.

Intentional Harmony: Balancing Work and Life

Debra Sellers, Ph.D., and Sharolyn Jackson

Creating harmony between our work and our personal life does require effort and will not happen automatically or magically. Thoughtful and purposeful intent is required to keep

lives in balance. Participants in the *Intentional Harmony: Balancing Work and Life* session will be introduced to what the research says about common issues, and practical advice will focus on steps you can take to address these issues in your own life. Join us as we explore ways to achieve harmony between work and life.

Professor Gadget's Tech Tour

Justin Weibers

Come see what's new in the technology realm on the web and in stores. When we're done, you'll have seen the power of a Blog, a Doodle, a Google, a Twitter, a wiki and more! We'll talk tons of tech tools to take teaching to terrific! This session is for technology rookies through open-minded advanced users. No grumps allowed!

3:15-4:45 ROUNDTABLES OR TOUR

Child Care Resource Tour

Rainbows United at Kids Cove (Jana Cain) and Playscapes (Joel Rodell)

Tour innovative Child Care facilities of Rainbows United at Kids Cove and the Playscapes playground facilities inclusive for children of all abilities. **Limited to 30 participants.** (Transportation will not be provided, but car pooling options will be available.)

Roundtables

Ground Rules: Each participant will attend each round table for 12 minutes and then rotate within 3 minutes.

FRIDAY

9:00 – 10:00 am BREAK OUT SESSIONS

Clothing Production Trends

Denise Dias

This session will discuss new sewing techniques and trends in clothing production.

Faith and Security in Our Students Future

Debra Wenzel and Charlotte Smith

Teachers, administrators, counselors, and the school environment all support the student and their future. Curriculum in the classroom is a component for student success with a critical supporting feature being the student organization – Family, Career and Community Leaders of America. Attend this session to find out how the integration of FCCLA in the Family and Consumer Sciences curriculum works in the classroom.

Reality Works

Cory Peterson

This session will discuss innovative programs that combine hands-on interactive technology with comprehensive curricula to teach students real-world skills that can be applied in their personal (i.e. parenting or financial literacy) or professional lives (i.e. early childhood education, robotics, horticulture, video game design)

Operation Military Kids

Ann Domsch

Operation Military Kids is a grant program funded by the army and run through a group of concerned citizens. The objective of the program is to develop networks for families, develop support groups for families in their home communities, provide programs for youth, and distribute hero packs. This program will help participants know what our military youth are experiencing.

10:15- 11:15 BREAK OUT SESSIONS

Relationship Smarts: Beyond the Do's and Don'ts

Joyce Huff

This workshop will introduce participants to the "Love U2: Relationship Smarts" curriculum. A lesson plan and activities will be shared that will guide the adolescent student toward the development of healthy relationships in a highly charged sexual society. Some of the topics covered will be personal development, infatuation, youth brain development, breaking up, communication, and evaluating healthy and unhealthy relations. Results will be reported from the research in progress by Auburn University.

Planning for Retirement

Mark Douglass

Mark Douglass is a Senior Vice President-Branch Manager for Wachovia Securities and has 27 years in the financial services industry, 15 years banking in Arkansas and Kansas responsible for marketing, strategic planning and asset/liability management and 12 years as an investment advisor and branch manager for Merrill Lynch and Wachovia Securities. This session will focus on options for saving and planning for retirement.

So What Does a Healthy Relationship Look Like?

Teri Barber, MA, Centers for Disease Control

What does a healthy relationship look like? Would we recognize one when we see one? Adolescents often believe unhealthy relationships are the norm. Most of the relationships teens see on TV, in the movies, and in magazines are not good role models for relationships. They are either laugh-a-minute sitcoms or endless dramas. The purpose of this session is to paint a virtual picture in your mind of what a healthy relationship truly looks like. CDC's Division of Violence Prevention works to prevent teen dating violence before it starts by promoting healthy, respectful relationships. In our interactive on-line "Teen Dating Violence Prevention" training, an entire module is dedicated to promotion of healthy relationships. By the end of the 1-hour workshop participants will be able to: understand healthy relationships, identify role models for healthy relationships, and recognize unhealthy relationships.

What's New in Nutrition?

Karen Blakeslee

Where do you look for answers to your food and nutrition questions? Come learn about resources to help you keep current with this important and diverse topic.

11:30- LUNCH- Speaker-Joyce B. Miles

On the Trail of Ellen Richards

Joyce Beery Miles continues her story “On the Trail of Ellen Richards” as she shares with audiences across the country how researching the history of home economics and family and consumer sciences has profoundly impacted both her personal as well as her professional life. She shares insights into the many places across the country where Ellen had a presence and how today there are still those who hold her name as one to be revered. She explores with audiences how today the profession is more relevant than ever before and how the sustainability issues we face in this country were addressed by Ellen Richards over 100 years ago. She challenges her audiences to take the best from our historic beginnings, and use this information to practice our profession in the best possible way in this 21st Century.



Your ranking of sessions on the registration page will be used to help us determine room arrangements. At the conference, session will be filled on a first come/serve basis. If the session is at capacity, you'll be asked by program assistants to select another session

Continuing Education Opportunity (Optional)

Conference participants will have the option of earning 1 hour of graduate credit from Baker University by attending all the sessions of the conference and completing a follow-up activity. The cost of the credit hour is \$50. A registration form and payment must be made when you pick up your registration packet at the United Associations Conference. Complete information about this opportunity is available by contacting Lynette Yevak, Emporia High School, Phone 620-341-2365, e-mail lyevak@usd253.org.



This conference will be held at the Sedgwick County Extension Education Center, 7001 W. 21st Street, N, (21st N and Ridge Road), Wichita, KS. The office phone number is 316-722-7721. Participants need to make their own hotel reservations. Hotels used in past years are listed below, but you are not limited to these choices. Blocks of rooms are not available this year, so please use any agency discounts you can.

Hawthorn Suites at
Reflection Ridge
2405 N. Ridge Road
316-729-5700

Four Points Sheraton
5805 W. Kellogg Dr.
316-942-7911

Best Western Airport Inn
6815 W. Kellogg Dr.
316-942-5600



KAFCS Kansas Association of Family and Consumer Sciences

KATFACS Kansas Association of Teachers of Family and Consumer Sciences

KEAFCS Kansas Extension Association of Family and Consumer Sciences

ESP Epsilon Sigma Phi

If you require special accommodations or have questions about registration contact DeAnn Hauser at 620-473-3829 or email her at dmhauser@hotmail.com.