



2010 United Associations Conference Registration
 Sedgwick Co. Extension Education Center, Wichita, KS

March 4 and 5, 2010

Name _____

Mailing address _____

City, State, Zip _____

Contact phone number(s) _____

Email _____

____ Check here if you are a first time participant

Check all memberships that apply:

____ KAFCS ____ Student ____ KEAFCS

____ KATFACS ____ ESP ____ Non-member

Early bird registration fees (postmarked on or before Feb. 12)

____ One Day \$ 65.00 ____ Two Day \$ 100.00

Regular registration deadline (postmarked after February 12)

____ One Day \$ 90.00 ____ Two Day \$125.00

On-site registration (meals may not be available)

____ One Day \$110.00 ____ Two Day \$150.00

KAFCS Student Member Registration waived

Registration Total \$ _____

Thursday Lunch (\$10.00) \$ _____

KAFCS Foundation Event-Thurs. (\$15.00) \$ _____

Friday Luncheon (\$9.00) \$ _____

____ Check here for meatless option

Meal and Registration Total \$ _____

____ Check here if paying with purchase order

Make checks payable to United Associations Conference.

All refunds prior to Feb. 23 will have a \$10 handling fee.

No refunds granted after Feb.23

Breakout Sessions

Rank according to choice (1st, 2nd, etc.)

Thursday, 10-10:50

First Year Teacher Panel _____

Media Smart Youth _____

Reading Makes Cents _____

Thursday, 11-12:15

Teen Suicide Prevention _____

Thursday, 2-2:50

Dressing Professionally _____

Youth Gardening _____

Attorney General Office _____

Thursday, 3:15-5:00

Hot Topics _____

Friday, 9-9:50

Generational Insights _____

Friday, 10:15-11:15

Easier Lifestyle _____

Hot Topics _____

Going Green _____

Friday, 12:45-1:30

So Many Resources _____

Army Family _____

You Animal You _____

Friday, 1:40-2:30

Technology (cont.) _____

Army Family (cont.) _____

Send registration and payment to:

DeAnn Hauser

352 2000 St.

Humboldt, KS 66748

Tax ID Number: EIN 48-6110376

2010 Conference Schedule

Thursday

8:00-9:45 Registration
10-3:15 Exhibits
10:00-10:50 Breakout Sessions
11:00-12:15 Breakout Session
OR
11:00-12:15 KAFCS Business Meeting
12:45 Opening Session, Lunch
2:00-2:50 Breakout Sessions
3:00-3:15 Refreshment Break, sponsored by KEAFCS
3:15-5:00 Hot Topics for FCS Part I
5:00 KAFCS Foundation Special Event

Friday

7:30 am KAFCS Foundation Meeting
8:00-9:00 am Physical Activity/Nutrition
9:00-9:50 Breakout Session
OR
9:00-9:50 KATFACS Business Meeting
10:15-11:15 Breakout Sessions
11:30-12:30 Lunch and Speaker
12:45-1:30 Breakout Sessions
1:40-2:30 Breakout Sessions
2:30-3:00 Wrap up and adjourn

THURSDAY

10:00- 10:50 a.m. BREAK OUT SESSIONS

Panel for First Year Teachers

Deb Andres/Cris Elliot

A panel of new professional FCS teachers will address areas of concerns for young professionals. They will share their experiences, including their joys and frustrations. The panel will be very informal with lots of audience interaction. This presentation would be ideal for students, new teachers, teacher educators, mentors and professionals who are interested in fostering the development of our young professionals.

Media Smart Youth

Beth Hinshaw/Evelyn Neier

Today's youth are bombarded with media messages that can influence their dietary choices. Learn how your students can become "Media Smart" using six key principles that help us understand the messages in the media. We'll be using a lesson from "Media Smart Youth: Eat, Think, and Be Active!" This curriculum is designed to use with youth ages 11 to 13 and is available for free from the National Institute of Child Health and Development.

Reading Makes Cents

Beth Drescher

Come learn about this brand new National 4-H curriculum that teaches money concepts and financial literacy with children's literature and hands-on activities. Although it was designed for upper elementary students, it would be easily adaptable to middle school classrooms and after-school programs. During this session, we will try some of the fun learning activities and explore the coordinating children's literature readings.

11:00 a.m.-12:15 p.m. BREAK OUT SESSION

Teen Suicide Prevention

Liz McGinness

This session will give an overview of the Yellow Ribbon Suicide Program. This program originated in 1997 in Colorado and is a youth based program designed to educate students on the issue of suicide, depression and how to prevent death by suicide. Liz uses this program as the assistant director of special education for the Wichita Public Schools.

12:45 p.m. OPENING - Speaker- Dr. Lynette Olson

Women and Leadership

Dr. Lynette Olson is currently serving as Interim Provost and Vice President for Academic Affairs at Pittsburg State University. Previously, she was Dean of Arts and Sciences following her service as Department Chairperson for Family and Consumer Sciences. She continues to serve as a professor specializing in Human Development, Family Relations and Family Life Education at PSU. Dr. Olson holds a Ph.D. in Family Life Education and



Consultation from Kansas State University, an M.S. in Student Personnel and Guidance/Higher Ed. from Oklahoma State University and a BCE in Christian Education from Ozark Christian College.

Professional interests and memberships have always been a priority in her professional life. Her involvements include AAFCS, National Council on Family Relations, Council of Administration of FCS, Council of Colleges of Arts and Sciences, Phi Upsilon Omicron, Kappa Omicron Nu and Phi Kappa Phi. Her professional interests include work/life issues, Family Life Education, Elder Care Giving, Communication and aging.

2:00-2:50 p.m. BREAK OUT SESSIONS

Dressing Professionally on a Budget

Denise Dias

This lesson will teach what is appropriate to wear to work in a professional setting. We will explore the importance of first impressions and examine and discuss what “business casual” is. This session will contain tips for wardrobe planning, how to save money when shopping for clothes and how to create a season-less wardrobe.

Youth Gardening

Evelyn Neier

A garden is a great place for kids to learn about nutrition and food, as well as science, math, and so much more. America’s interest in home gardening is increasing. Come and learn some ways you can incorporate gardening activities in your programs, including trying out some hands-on activities.

Attorney General Office

Sonya Johnson

This session will address consumer issues that we should all be concerned with. Identity theft, consumer education for students, legislation, and the role of the Attorney General are just a few topics that will be covered. This session would be a benefit to all attendees and an ideal time to become familiar with the Attorney General’s office and how we can become better consumers.

3:15-5:00 HOT TOPICS FOR FCS PART I

Hot Topics for FCS

This year, the Hot Topics sessions replace our traditional round tables. These sessions will focus on contemporary tools for the FCS professional. Session presenters will provide resources and strategies for both the extension traditional classroom educators.

5:00 p.m. KAFCS FOUNDATION EVENT

Learn and Be a Winner with FCS Games

Jan Stephens

Do you (or your students) think FCS history is boring? Are you looking for a new way to involve audiences in interactive learning? Bingo and Quiz Bowl formats can be used to teach history,

philosophy, and subject matter content of Family and Consumer Sciences. These energizing activities will be both fun and educational. These games can be used with classrooms, group meetings, and workshops. These games are from a session at AAFCS given by the New Mexico affiliate.

FRIDAY

9:00 – 10:00 am BREAK OUT SESSION

Generational Insights

Diane Mack

Join us in gaining “Generational Insights.” A generation is a society-wide peer group. We’ll focus on understanding each generation and explores ways to work together.

10:15- 11:15 BREAK OUT SESSIONS

Fashion an Easier Lifestyle with Assistive Technology

Deb Sellers

Assistive technology (AT) refers to a variety of devices and strategies that are designed to adapt certain tasks. If you need assistance because of a chronic condition such as diabetes or arthritis, if you leave with a disability, or even if you are recovering from a surgery, then you may find assistive technology tools helpful. In this session, you will learn about different assistive technology devices in the areas of personal care, food preparation, housecleaning, and recreation; find out how to purchase assistive technology; and discover how assistive technology can help fashion an easier lifestyle.

Hot Topics for FCS

This year, the Hot Topics sessions replace our traditional round tables. These sessions will focus on contemporary tools for the FCS professional. Session presenters will provide resources and strategies for both the extension traditional classroom educators.

Going Green with FCS programs

Jan Stephens

How “green” are you, and what does it mean to be “green” in today’s society? How can you teach practices to live greener, saving money and energy at the same time? This session will discuss ideas for helping students and adults make decisions about how they shop, and prepare and serve food. It will also include suggestions of ways FCS classes and programs can be good examples for environmentally friendly practices.

11:30- LUNCH- Speaker-Dr. Tana Goering

Family Care and Health Education

Dr. Tana grew up in Scott City, KS. She did her undergrad at KU, and medical school at University of Kansas School of Medicine before doing her Residency in Family Medicine. She has been practicing Family Medicine for over 10 years, delivering babies for 5 of those. She is active in teaching residents and students, and is the KSN Medical Expert. Dr. Tana serves as the Chair of Family



Medicine Section at Wesley Medical Center, and on the Medical Society of Sedgwick County Board of Directors. She is also a wife and mother of four.

12:45- 1:30 BREAK OUT SESSIONS

So Many Resources, So Little Time

Cyndi Danner-Kuhn

The amount of Web 2.0 tools is overwhelming. Add to those, online subscriptions, 21st century skills, and various software programs! You might be asking yourself some of the following questions. “Do I need my own website? What is the purpose of Animoto? Why would I use a wiki? Do I really need Flickr? What’s on my computer? How does social networking like Facebook benefit? How do I decide what tool to use? How can I possibly keep everything straight? How can I use these tools safely?” Each participant will receive a set of keys with descriptions of over 100 free online tools, subscriptions, and popular software. Each key will clarify the purpose of each tool, provide the URL, and will provide space for usernames and passwords to be added when needed. Templates will also be available so that participants can create keys that pertain to their own unique situations. (This session will be continued in the next set of sessions.)

Army Family: From Challenge to Resistance

Charlotte Olson, Elaine Johannes, Sara Mietzner, and Erin Bishop

This session will equip community-based workers, Extension professionals, school personnel and service providers with the knowledge and resources necessary to support military families through times of challenge. By attending this session, participants will increase their understanding of US Army culture and lifestyle, increase their understanding of human development and family relationships relevant to Army family life, understand how deployment cycles present challenges, reveal attributes and foster resilience among military family members, and identify the supports and resources necessary for Army families to thrive in Kansas communities. Participants will also be given Operation Military Kids resources.

You Animal You!

Robin Eubank

Have you ever wondered why you click with some people and clash with others? It’s your animal personality. “You Animal You” uses 4 animals to represent the basic personality types. The participants will learn more about their personality type and how they interact with the others. After taking participating in this session, you will have the materials to take and use this tool with your students, staff and volunteers. “You Animal You” was developed by Extension Agents in Oregon.

1:40-2:30 BREAK OUT SESSIONS

So Many Resources, So Little Time

Cyndi Danner-Kuhn

This is a continuation of the previous session.

Army Family: From Challenge to Resistance (cont.)

Presenter

This is a continuation of the previous session.

Your ranking of sessions on the registration page will be used to help us determine room arrangements. At the conference, session will be filled on a first come/serve basis. If the session is at capacity, you'll be asked by program assistants to select another session.

A Lenten/meatless meal option will be available for Friday's lunch. Indicate if you would like this option by checking the line on the first page of this registration. Lenten/meatless meals will be provided only for those who have checked this line.

Continuing Education Opportunity (Optional)

Conference participants will have the option of earning 1 hour of graduate credit from Baker University by attending all the sessions of the conference and completing a follow-up activity. The cost of the credit hour is \$50. A registration form and payment must be made when you pick up your registration packet at the United Associations Conference. Complete information about this opportunity is available by contacting Lynette Yevak, Emporia High School, Phone 620-341-2365, e-mail lyevak@usd253.org.

Special Options for Retirees



New this year, some special classes and tours have been designed for retired FCS Professionals. While you never quit being interested in new developments in the profession, we wanted to provide some unique opportunities as well. If you would like to attend these sessions instead of the sessions listed on the front page of the registration, please detach the bottom portion of the following page and mail to DeAnn Hauser with your registration. Rank sessions that occur at the same time by preference. Please note these tours will be filled on a first come, first serve basis.

Schedule Overview

Thursday

2:00-4:30 p.m. Breakout Session – New Market Square Tour

- Get Cooking – Mary Volkmann, Owner – Store with gadgets, remodeling ideas and basic supplies.
- Needles & Notions – Connie Cude, Owner – Sells machines and fabric and also teaches classes and helps individuals with projects. www.needlesandnotions.com
- Under the Cork – Carolyn Whipple, Manager – Outlet for Smokey Hills Vineyard and Winery. In store samples available of some wines. www.kansaswine.com
- Scentchips – Shari Dalal, Manager – Started in San Antonio, Texas, 25 years ago. All scented wax is still hand poured. Chips can be mixed to form individualized fragrances.

2:00-4:30 Breakout Session with Lois Carlson

See Kansas First!

It has been said that so often, the best kept secrets are those close to home. That is certainly true of Kansas. Kansans of any age should be aware of and seek out places of interest to see and visit in our great state. The purpose of this workshop is to increase awareness of places to visit in Kansas that are within a one or two day drive.

Friday

9:00 a.m. Breakout Session with Margaret Neal

Cookbook basics

Margaret Neal will be showing participants the basics of making a cookbook.

12:45 Tours- Must choose one

Tour 1 – Delano District (Close to Downtown)

- Sew Much “The Unique Fabric Boutique” – Cindy Zajkowski, Owner - Fabric for making clothes, not quilting. www.sewmuchonline.com
- Hatman Jack’s Wichita Hat Works – Jack Kellogg, Proprietor – History of hats, demonstration and store includes a variety of men’s and women’s hats. www.hatmanjacks.com
- Twist – Shelly Stilger, Owner – “A fashion- forward and loiter-friendly” shop. Everything you could dream a yarn shop to be. www.twistyarnshop.com

Tour 2 – Mapleridge Shopping Center

- Wyldewood Cellars Winery – Merry O’Callahan, V.P. Marketing – See a virtual tour of winery and try some in store samples. www.wyldewoodcellars.com
 - The Scrapbook Garden – Bob McClary, Owner – Locally owned store with knowledgeable staff and a great inventory to complement any scrapbookers needs. www.scrapbookgarden.com
 - Picket Fence Quilt Shop – Lisa Johnson, Owner – Great class/project ideas and a wide selection of fabric. www.pf-quilts.com
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Name _____

I’d like to participate in the following retiree tract options.

Thursday

_____ New Market Square Tour

_____ See Kansas First!

Friday

_____ Cookbook Basics

_____ Delano District Tour

_____ Mapleridge Shopping Center Tour

This conference will be held at the Sedgwick County Extension Education Center, 7001 W. 21st Street, N, (21st N and Ridge Road), Wichita, KS. The office phone number is 316-722-7721. Blocks of rooms have been reserved at the hotels listed. The reservation is listed as United Associations Conference. Rooms not reserved will be returned to the hotel's inventory two weeks before the conference (30 days before for Hawthorn Suites). Conference attendees will make their own reservations and work out direct billing details with the hotels.

Hawthorn Suites at Reflection Ridge 2405 N. Ridge Road 316-729-5700 Call for price	Clarion Inn & Suites 5805 W. Kellogg Dr. 316-942-7911 Rate: \$75	Best Western Airport Inn 6815 W. Kellogg Dr. 316-942-5600 Rate: \$72
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KAFCS Kansas Association of Family and Consumer Sciences

KATFACS Kansas Association of Teachers of Family and Consumer Sciences

KEAFCS Kansas Extension Association of Family and Consumer Sciences

ESP Epsilon Sigma Phi

If you require special accommodations or have questions about registration contact DeAnn Hauser at 620-473-3829 or email her at dmhauser@hotmail.com. Registration receipt will be confirmed via this email address as well. If your email does not allow Hotmail addresses, please include a note with your registration.